



Barriers to Reporting and Special Populations

1 Hour

A discussion on the various barriers to survivor reporting: fear, confidentiality concerns, lack of services and resources, cultural barriers, and retaliation. Includes a discussion about special populations including males, cultural groups, persons with disabilities, adolescents, college students, the elderly, LGBTQIA individuals, and human trafficking survivors.

Bullying, Cyberbullying, and Sexting

1 Hour

Defines these activities while examining their prevalence and consequences. Provides information about prevention, bystander intervention, cyber safety, and other ways to respond.

Bystander Intervention

1.5 Hours

Explores methods of intervention for emergencies and nonviolent situations that are intended to marginalize groups of people. The training will strengthen participant's ability to intervene and offer tools to identify, act, and prioritize safety when intervening. We will also examine the culture and climate that informs methods of intervention and the consequences perpetuated when action is not taken.

Child Sexual Abuse

2 Hours

Prepares adults to recognize, prevent, and appropriately respond to signs and symptoms of child sexual abuse. Fulfills both school and daycare requirements set out by Jenna's Law.

Consent

1 Hour

Defines consent, emphasizes its importance, and trains participants to identify what consent does and does NOT look like. Outlines Texas laws surrounding consent and includes information on rape statistics for Texas and San Antonio. This presentation also includes a brief discussion of bystander intervention and healthy boundary-setting.

Gender Socialization & Rape Culture

1.5 Hour

Presents the impact of societal and cultural gender norms that dictate values and expectations placed on genders of all ages. Challenges the imbalance of power created by strict gender roles and illustrates their connection to sexual violence/rape culture through the use of popular clothing, products, and media.

Healthy Relationships

1.5 Hour

Focuses on defining healthy boundaries and the importance of maintaining them, while also teaching participants to recognize the characteristics of consent, healthy relationships, signs of unhealthy relationships, and the domestic violence cycle of abuse.

Human Trafficking

2 Hours

Defines human trafficking, specific types of trafficking, and details statistics on the prevalence at the global, national, and local level. The processes of recruitment and grooming are explained and participants receive vital information about red flags/identification and how to respond.



All Trainings are Free

If you'd like to book a presentation for yourself or a group, please scan the QR Code and submit an "Education Request"

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Intersection of Domestic Violence and Sexual Assault

1 Hour

Defines domestic violence and sexual assault and evaluates the ways the two overlap. Looks at the types of violence victims can experience, the red flags of an unhealthy relationship, why people abuse, and why people stay in abusive relationships.

Isms and Biases that Impact Service Delivery

2 Hours

Defines what an “ism” is and how these “isms” and biases affect the way we move through the world. Different types of isms are explored, such as racism, sexism, ableism, and classism. Includes an in-depth look at how the use of isms and biases affects sexual violence. Value systems and rape culture are also discussed, with an emphasis on how our societal value systems impact sexual violence in our community.

Juvenile Sexual Assault

2 Hours

Addresses juvenile sexual assault separately from child sexual abuse, focusing on prevalence, impact on victims, risk factors, prevention strategies, and strategies to improve cyber safety. The training also emphasizes the importance of education, support systems, and early intervention to prevent abuse and ensure the well-being of affected adolescents.

LGBTQ+ and Sexual Violence

2 Hours

Provides an overview of the LGBTQ+ community, including information on the LGBTQ+ community as a special population, statistics, the effects of sexual violence on the community, and intersectionality. Specific information is provided on the trans population, the LGBTQ+ military population, gender identities, and best practices for care of LGBTQ+ clients.

Male Survivors

1 Hour

This is a basic crash course on male survivors of sexual violence. Discusses the role of gender socialization and the impact it has on male survivors, especially in regard to mental health and reporting. Breaks down the reasons why men are victimized, how they are victimized, and who they are victimized by. Looks at the prevalence of male victimization and debunks common myths about male survivors.

Online Dating and Cyber Safety

1 Hour

A look at the digital age of dating. Examines why online dating is popular, the red flags to be on the lookout for, and tips and tricks to stay safe. This training also includes discussion of consent and healthy boundary-setting.

PREA: Prison Rape Elimination Act

1 Hour

Explains the goal and practice of the PREA program within correctional facilities. Provides a look into the oppressive prison system, the dynamics of sexual violence in corrections settings, the vulnerable populations targeted, barriers and outcomes of reporting, and more.

Sexual Harassment

1.5 Hour

This workshop is intended for places of business who wish to create, update, or review their current policies on Sexual Harassment, Stalking, and Assault. We will guide you through best practices, laws, and language and explore ways to empower survivors that create a healthy, safe environment.



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Sexual Assault Victimology (Sexual Violence 101)

3 Hours

Offers an introduction to sexual assault education with an overview of laws, statistics, challenges, and effects on survivors. Examines sexual assault through an ecological model and discusses the causes of sexual violence and the role of primary prevention in ending it.

A condensed version of this training (1 hour) is also available

Stalking

2 Hours

This training utilizes the “Know It, Name It, Stop It” structure from SPARC. Defines the term stalking, what constitutes as stalking, and how to stop it/support victims.

A highly interactive workshop that examines real-life stalking scenarios, the prevalence of stalking, and its intersection with sexual assault.

Substance-Facilitated Sexual Assault

1 Hour

A discussion on how substances are used to enable and facilitate instances of sexual assault, the number one most common substance used to facilitate sexual assault, how to tell when you have been drugged, and tips to stay safe.

Survivor Sensitivity

1.5 Hours

Trains individuals on best practices for working with survivors of sexual assault and responding to outcries in a way that utilizes trauma-informed care. Explores specific populations that are at higher risk for sexual assault and the barriers they face when reporting and seeking help.

The Effects of Trauma on the Brain and Body

2 Hours

Provides an in-depth overview of the immediate and chronic physical and mental health effects of sexual violence. Includes discussion on substance abuse, self-harm, depression, flashbacks, eating and sleeping disorders, etc.

Values, Beliefs, and Biases

1 Hour

A look at how our values, beliefs, and biases may impact service delivery, including unintentional revictimization and unintentional victim blaming. Includes a discussion of how other cultures react to and interpret sexual violence, privilege, oppression, and a culture of gender violence.

*Sister presentation for “Isms & Biases”

Vicarious Trauma/ Secondary Survivorship

1 Hour

Intended for service providers or those who care for traumatized individuals. Examines what vicarious trauma is, how to recognize secondary traumatic stress, and offers many strategies for self-care.



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