



RAPE CRISIS CENTER

SAN ANTONIO TEXAS

Help • Hope • Healing

Believe
EMPOWER
EDUCATE
ADVOCATE

Annual Report
2022-2023

OUR COMMITMENT TO THE COMMUNITY

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MEMBER

At the Alamo Area Rape Crisis Center in San Antonio, our commitment to providing services and resources to those affected by sexual assault remains unwavering. We will continue to work tirelessly to create a world where survivors can find help, hope, and healing.

Everyone deserves to feel safe and our priority is to believe and empower survivors through a continuum of care from prevention, intervention, and advocacy.

The work we do at RCC could not be possible without the support and assistance from our local community. Thank you to those who are dedicated to our mission and who have provided volunteer hours and donations to further our mission here at RCC.

Your support is instrumental in the continuum of care we provide at no cost to survivors and victims of sexual violence. YOU are the reason RCC continues to serve as a tower of strength in our community.

Our commitment to see a world free from sexual violence remains our focus now and into the future.

Audra Atzger, CNE, CDE
Chief Executive Officer



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Who We Are

Mission

The Mission of the Rape Crisis Center is to provide help, hope, and healing to those impacted by sexual violence and cultivate a safe, nonviolent community
RCC provides a continuum of care to survivors in Bexar and surrounding counties. We meet these needs through your generous donations.

Goal

Our goal is to help clients heal from the trauma of sexual violence, cope with the immediate crisis, and regain a sense of control and trust. Rape Crisis Center supports and empowers all survivors of sexual assault.



FY 2023
1118

Clients served

excluding education and outreach and anonymous contacts served through the hotline

1194

Clients served

excluding education and outreach and anonymous contacts served through the hotline

FY 2022

Essential Needs Assistance Program

Sexual violence impacts individuals and families from all income levels and socioeconomic backgrounds. For many survivors, sexual assault leads to unexpected expenses that may threaten financial stability.

The trauma of sexual violence may also disrupt work activities or change family structures, causing a loss of income. After an assault and at other times of crisis, RCC offers immediate assistance to help survivors meet their basic needs.

When these urgent concerns are addressed, clients can dedicate time and attention to the healing process. Individuals and families who would benefit from long-term essential needs support will work with RCC advocates to access services at community partner organizations.

304

Total Clients Receiving Assistance
(any type)

133

Received Transportation Assistance

103

Received Food Assistance

102

Received Clothing and/or
Hygiene Assistance

20

Clients Receiving Utility Assistance

FY 2023



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Crisis Intervention



"A client called the hotline because she felt her mental health challenges were isolating her. After she was finished describing how she felt alone and had no one to talk to after her assault, I could tell she was still very upset. We ended up talking for a while about the things she likes and her future goals until she was more at ease. I was glad to be a shoulder to cry on when she had no other source of support."

-RCC Crisis Intervention Specialist

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Trained crisis intervention specialists answer calls from Bexar County and the surrounding areas giving emotional support, providing critical resources, and connecting survivors and their families with community referrals. We encourage not only survivors but also their friends and family, as well as anyone with a question about sexual assault or how to support a survivor in their own lives to reach out for help. We are here for you!

FY 2023
2727

Calls & Chats

excluding education and outreach and anonymous contacts served through the hotline

4242

Calls & Chats

excluding education and outreach and anonymous contacts served through the hotline

FY 2022

Advocacy & Case Management

Our trained advocates connect clients to resources and services through a continuous, streamlined support process. From shelter and housing to employment and legal assistance, we ensure the needs of survivors and their families are met.

Advocacy services can be accessed at any point after an incident of sexual violence - from immediate crisis support and hospital accompaniment to navigating legal and judicial systems.



FY 2023

476

Number of Clients Receiving Case Management Services

593

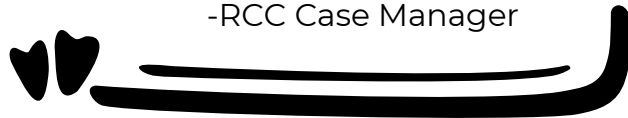
Hospital Accompaniments

7

VICTIM ADVOCATES
FY 2022



One of my clients was very shy the first time we met and seemed like she did not want to work with me. I told her, "I am just a call or text away, and I want you to know that you're not alone." She is now very open with me and feels comfortable calling to update me on her life or when she just needs someone to talk to.
-RCC Case Manager



553

Number of Clients Receiving Case Management Services

543

Hospital Accompaniments

5

VICTIM ADVOCATES

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Counseling

Whether it's a few days after the abuse or years after—whether the assault happened locally or outside of the country—we're here to help. Our free, confidential counseling services are offered to all survivors of sexual violence and anyone else who's been impacted.

Our goal is to help clients heal from issues stemming from the trauma of sexual violence, cope with the immediate crisis and regain a sense of control and trust.



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"A client I started seeing virtually in January described having depression. The client and I had therapy sessions weekly and talked about her perception of men, her family, and close relationships. The client saw a noticeable difference in herself when she could speak up to her parents. I saw the client chose to wear darker clothes in the first sessions and started choosing different colored clothes as time went on. The client felt she had confidence and better ability to manage life obstacles at the end of counseling"

~RCC Counselor

1662

Counseling
Sessions

245

Counseling
Clients

13

Staff / Intern
Counselors
FY 2022



FY 2023

1398

Counseling
Sessions

231

Counseling
Clients

9

Staff / Intern
Counselors

Education

“During a training on Child Sexual Abuse, a participant said that learning more about this topic from RCC helped her realize that she was a victim of child sexual abuse, and she is now able to spot the same signs and red flags in her daughter. She is planning to get herself and her daughter some help and will hopefully reach out to RCC to receive services.”

-RCC Education Coordinator

Changing Outcomes Through Prevention

We work to encourage, educate and empower our youth to make healthy decisions that are best for their lives. We help parents support and educate their children by creating safe spaces to have important conversations for families. We educate our community members so they understand their part is in making San Antonio a safer place to live. We actively work with local professionals to explain how their awareness creates impact toward our vision.

995

Training & Prevention Participants



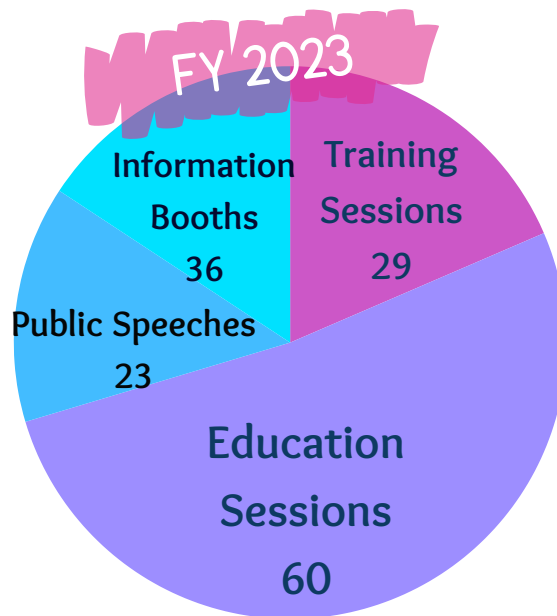
1780

Estimated Outreach Participants

FY 2022



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12,460

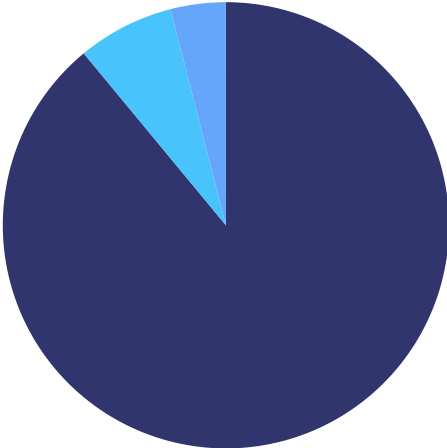
Estimated Outreach Participants

Financials

FY 2023

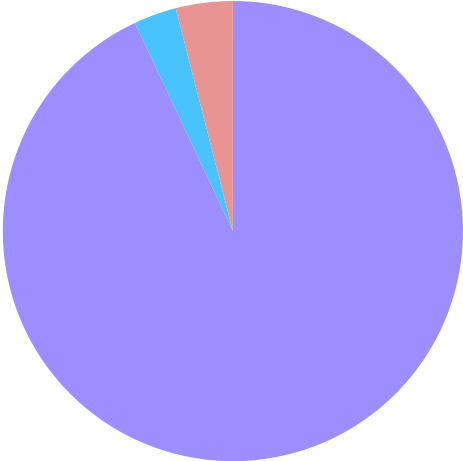
FY 2022 Income

Grants Foundations Contributions



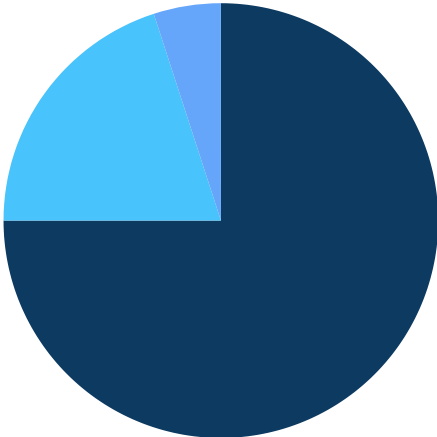
Income

Grants Foundations Contributions



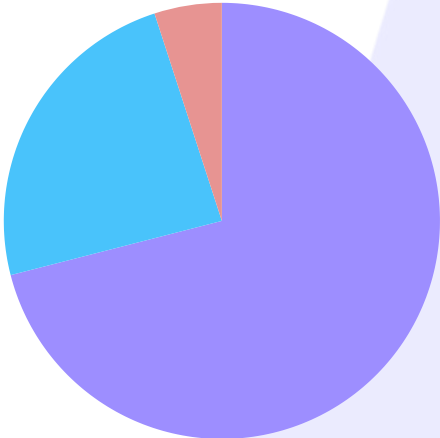
FY 2022 Expense

Client Services Public Education Administration



FY 2023 Expense

Client Services Public Education Administration



Community Partners

Criminal Justice/Law Enforcement

Bexar County Sheriff's Office
Bexar County Juvenile Corrections/Probation
Bexar County District Attorney's Office
San Antonio Police Department

Healthcare

Kind Clinic
Children's Hospital
Center for Healthcare
Services
Methodist Hospital
Ransomed Life
San Antonio Behavioral
Health
Dr. Solorzano

Substance Use Treatment

Alpha Home
Rise Recovery

Coalitions

Alamo Area Community Network
Bexar County Commercial Sexual Exploitation of
Youth Care Coordination Team
Collaborative Commission on Domestic Violence
Sexual Assault Response Team
STOP HT Task Force Care Coordination Team
Texas Association Against Sexual Assault



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Service Providers

BCFS
Bexar County Family Justice Center
ChildSafe
Crosspoint
Family Service
Trafficking Victim Assistance Program

Universities

Our Lady of the Lake University
St. Mary's College
St. Philips College
Texas A&M University
Trinity University
University of Houston
The University of Incarnate Word
University of Texas-San Antonio
Widener University

Get Involved

Together, we can create a greater impact.

rapecrisis.com/get-involved

Volunteer

Give your time and passion to support survivors.

You'll receive certified training through the Office of the Attorney General of Texas.



Intern

Support our vision while gaining valuable professional experience.

Internships are flexible & convenient to fit your schedule.



Donate

We cannot effectively serve survivors and the community-at-large without you. Check out our wish list to donate high-demand items.



Sponsor

Support our vision by becoming a sponsor of outreach initiatives. Sponsorship allows us to meet the needs of clients and the community to help end sexual violence.



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