

Counselor's Toolkit: Engaging Transgender Survivors of Sexual Assault

Course Description: In this training, mental health professionals will learn about relevant issues impacting the transgender community, effective ways to connect with transgender clients, and what it means to be a gender-affirmative care provider. Participants will explore why this community is disproportionately impacted by sexual violence, look at the specific needs of LGBTQ+ clients, and engage in dialogue about how to better meet these needs. All participants will leave the session with resources to help enrich their practice and a better understanding of the role they can personally play in supporting the transgender community in San Antonio and beyond.

Learning Objectives:

- To understand the lived reality of transgender and nonbinary survivors in Texas and the U.S. and recognize the barriers that these individuals face when accessing mental healthcare services.
- Explore best practices for serving LGBTQ+ clients and determine how to implement these practices
- Recognize personal biases and the role they play in the provision of care
- Understand and gain confidence in practicing gender-affirmative care

Lex Loro (She/Her/Hers and They/Them/Theirs) is a queer justice activist and community health educator, who works on improving access to mental health care for LGBTQ+ individuals. Lex holds a BA in Women's, Gender, and Sexuality Studies and Journalism from American University and is working on an MS in Psychology- Marriage and Family Therapy at Our Lady of the Lake University. They are the co-founder of *Not Your Average Sex Talk* (NYAST), a peer-to-peer health advocacy network that uses a social justice framework to discuss sex and intimacy in ways that are often neglected in traditional sex education settings. Lex has traveled to colleges and conferences across the country with NYAST to disperse sexual health information, facilitate discussions beyond heteronormative sexual intercourse, and address how homo/bi/transphobia, ableism, and racism intertwine with attraction and intimacy. Currently, she serves as the Community Empowerment Coordinator at Pride Center San Antonio and Counseling Intern at the Rape Crisis Center.



[Register at rapecrisis.com/events](https://www.rapecrisis.com/events)

Wednesday, January 29, 2020

9:00am - 12:00pm

Free or \$25 for Continuing Education Unit Credits

**Alamo Area Rape Crisis Center
4606 Centerview Dr., Suite 200
San Antonio, TX 78228**

For more information, contact: JJ Niño Obledo at 210-293-9923

